

DIT Grangegorman

Fit2Go Club



DIT STUDENT AND STAFF MEMBERSHIP



DIT students and staff...
are you Fit2Go in 2015?

Are you crazy about TRX Training? Psyched about Power Circuits?

Whether you want to tone up, lose weight, improve your fitness levels or simply have fun –

Here at the Fit2Go Club we have what you are looking for! On your own, or with friends, our fitness facilities at the Fit2Go Club provide the perfect setting.

Located on DIT Grangegorman Campus, we can offer you the ultimate fitness experience!



@ DIT Grangegorman - Tel. 01-402 4285

www.fit2goclub.ie



fit2goclub



@Fit2GoClub

Fit2Go App available for
both iPhone and Android



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Fit2Go Club



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We offer:

- Convenient opening hours – WEEKDAYS, Monday to Thursday; 12:30pm - 2:30pm and 4:30pm - 7:00pm
- Access to top class fitness facilities, including 'state of the art' gym with an extensive variety of exercise and fitness equipment; elite free weights area; and exercise studio
- 'Pay as you Go' membership options
- A wide range of fitness classes to suit all!
- Fitness Class Bundles
- Fitness Appointment Packages (Fitness Testing, Personalised Programmes, Weight Loss Management)

Student 'Pay as you Go' Options

Gym Visit	€3
Fitness Class	€3
Class Bundle (15 classes)	€30
Combo visit (gym and class)	€5

Staff 'Pay as you Go' Options

Gym Visit	€4
Fitness Class	€4
Class Bundle (15 classes)	€45
Combo visit (gym and class)	€6



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